

Institut de yoga Iyengar de Nice
79 boulevard Delfino, 06300 Nice, France

www.anuttara.com

tel: +33 (0)4 93 89 53 91
email: info@anuttara.com

Booking Form for Workshops:

- 1) Christmas Intensive
- 2) Winter Intensive
- 3) Easter Intensive
- 4) Summer Retreat (week 1 / week 2 / week 3)
- 5) Cycle of immersion (please indicate the requested date)

Date : _____/20_____

Circle as appropriate

Full Name:

Full Postal Address:

Telephone contact:

Email Address:

How long have you practiced Iyengar Yoga?:

Please give the name of your teacher:

Are you a yoga teacher?:

Do you have any health problems?:

Signature:

Date:

**Please note that our intensives and retreats are not recommended for pregnant women.*

Please enclose your 50% deposits in sterling bank cheque payable to June Whittaker or 50% euro bank cheque payable to C. Pisano.

Tick if you require a receipt

Please send a paper copy of the booking form together WITH deposit cheques, i.e. by POST and NOT by email attachment.